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Inregistrat la Registrul Comertului nr. 18125, CUI 1817000

Meniul zilei: 08.07.2026
Pacienti \ Medici de garda

Aprobat:

REGIM	Dimineata		Ora 10		Pranz		Ora 16		Seara
	alimente	cant	alimente	cant	alimente	cant	alimente	cant	
RG1 Hidric Rg semilichid	Ceai neindulcit	250 ml			Supa strecurata de leg	400 ml			ceai fara zahar
									ceai
					Supa crema de legume	400 ml			branza
RG 2 (Afectiuni gastroduode nale)	Ceai	400 ml							Macaroane cu br vaci
	pasta de branza	70 gr							
					Supa cu legume	400 ml	biscuiti	50gr	
RG 3 (Afectiuni B.D.A)	Ceai	250 ml				200gr\15 0gr			ceai
	paine	50g	Biscuiti	50gr	Pilaf cu pulpa de pui	150 gr			paine
	Pasta de branza	70 gr			paine				
Rg 4 (Afectiuni hepatice)	unt\telemea\Oua	1buc\70gr\1							orez cu morcov rondele
	Ceai fara zahar	250 ml			Supa de orez	400 ml	biscuiti	50gr	
	paine	50g	Biscuiti	50gr	Orez fiert si branza vaci	200/70g			ceai fara zahar
Rg 5-6(Af renale ,cardio- vasculare) Rg desodat	branza de vaci	70g			paine coapta	150 g			Macaroane cu br vaci
	ceai	250ml			Supa cu legume	400 ml			
	paine	50g			Pilaf cu pulpa de pui	250/200g r	biscuiti	50gr	
Rg 8 diabet	branza de vaci	70 gr	Biscuiti	50gr	Compot	360gr			paine
	unt\gem	1\1buc							
									Budinca cu br dulce
Rg 9, Insotitoare,	paine\Ceai	50gr/250ml			Supa cu legume si cartofi	400ml			
	Telemea	70gr				250\150g r	Prajitura	1buc	Gem
	gem\unt	1buc\20gr	castraveti	50gr	Pilaf cu pulpa de pui	100gr			Ceai
Rg Psihici	tocana de legume	100gr	masline	30gr	salata de varza	1buc			Paine
	Ceai	250 ml			Eugenia				
					Supa cu legume	400 ml			

LFV	paine	50g			Pilaf cu legume	250gr			Macaroane cu br vaci
	branza de vaci	70gr	biscuiti	50gr	paine\salata de varza	150/100g r	Prajitura	1buc	paine
	Gem\Unt	20gr/1buc			Eugenia	1buc			Gem
Rg 8 diabet	Ceai f.z.	250 ml			Supa cu legume si cartofi	400 ml			Brocoli cu morcov baby
	paine	50gr	castraveti	50gr	Pilaf cu pulpa de pui	250\150\ gr	iaurt	200gr	Ceai fara zahar
	Cascaval	70gr	masline	30gr	paine\Grapefruit	50gr\1\2 100gr			paine
Rg 9, Insotitoare,	Muschi file/pate	70gr/1buc			salata de varza				pulpă de pui
	Ceai	250ml			Bors cu legume si cartofi	400ml			Budinca cu br dulce
	paine\Muschi file	50gr/70gr	castraveti	50gr	Pilaf cu pulpa de pui	250/150g r	Prajitura	1buc	Gem
Rg 10\lauze	cascaval\pate	70gr/1buc	masline	30gr	Eugenia\salata de varza	1buc/100 gr			paine/ceai
	Ceai	250ml	castraveti	50gr	Bors cu legume si cartofi	400 ml			Budinca cu br dulce\Gem
	Paine \Muschi file	50/70gr	masline	30gr	salata de varza	100gr			ceai
Rg 3-18 Rg 1-3 ani	cascaval\pate	70gr/1buc			Pilaf cu pulpa pui	250\150\	Prajitura	1buc	Paine
					Eugenia	1buc			
	Ceai\paine	250\50gr			Bors cu leg si cartofi	400ml			Ceai
Medici de garda	carnati\brz topita	70gr\1buc			Pilaf cu snitele de curcan	250gr\150			Cartofi la cuptor
	cascaval	70\1buc			salata de varza	100gr			cu piept de pui
	oua fiert\masline	1buc/30gr							salata de varza

***Nota: Conform Ordinului nr.181/2016, art.3 si a Reg. CE 1169/2011 privind informarea consumatorilor, va aducem la cunostinta ca preparatele culinare din cadrul unitatii noastre, pot fi prezenti agenti ale produse lactate si produse derivate(lactoza), cereale care contin gluten(paine si produse derivate), oua si produse derivate(albumina), produse congelate(carne de pui, piept de pui, curcan, porc) semipreparate(pui, porc), legume(mazare, pastai, legume pentru ciorbe) telina, fructe cu coaja (mar, portocale, banane, grapefruit), condimente(piper, boia de ardei).

MIC DEJUN





PRANZ





The image shows a clinical trial meal setup for six different groups. The meals are presented in white plastic trays, each divided into compartments for different food items. The groups are labeled as follows:

- BDA**: Top left tray, containing crackers, popcorn, chicken, and broccoli.
- LFV**: Top middle tray, containing a chocolate bar (ZMERA), a slice of cake, and a portion of red velvet cake.
- GASTRIC**: Top right tray, containing crackers, popcorn, chicken, and broccoli.
- RG DIABET**: Bottom left tray, containing a chocolate bar (ZMERA), a slice of cake, and a portion of red velvet cake.
- RG DESODAT**: Bottom middle tray, containing a chocolate bar (ZMERA), a slice of cake, and a portion of red velvet cake.
- RG COMUN**: Bottom right tray, containing a chocolate bar (ZMERA), a slice of cake, and a portion of red velvet cake.

Two white bowls of yellow soup are placed in front of the trays. A small container of 'Santitas' is also visible.

